



**RISK ASSESSMENT: Maitri Studio, 4 The Mount, Belfast BT5 4NA**

Date of assessment **September 2017**

Hazards/hazardous events	Who is affected	Typical outcome	Current control measures in place	Hazard present?	Risk level L*H -> RL
Fire	All staff and clients	Burns, smoke inhalation	Regular service of all alarm equipment. Visual check on regular basis in-house. Rubbish cleared regularly, smoking not permitted. Fire exits maintained. Sunflower fire exit must be bolted from inside, not locked with a key. Teachers responsible for ensuring candles/incense are safe and extinguished before leaving the building. ALL candles must be used on a candle holder, including night lights, NOT put directly on shelves. First aid kit includes burns blanket & ice packs	X	SLIGHT
Burns	All staff and clients	Burned hands	Storage heaters are not so hot as to cause burns by touching for a short time. Plug-in electric heaters are used occasionally – teachers are responsible for alerting to this hazard, especially if teaching children.	X	SLIGHT

Continued:

	Slight harm	Harmful	Very harmful
Unlikely	Trivial	Slight	Moderate
Likely	Slight	Moderate	Substantial
Very likely	Moderate	Substantial	Intolerable

Slips, trips and falls on uneven or slippery floors, cables or from trip hazards.	All staff and clients	Bruises, sprains, cuts.	No equipment, cables or other obstruction left in walkways. Teachers ensure students leave shoes carefully in hall/lobby. Any load carried will be small enough to allow route to be seen. Carpet edges kept smooth. Yoga equipment stored well. Floors in studios, kitchen and toilets kept dry and free from spills (checked by teacher after each class).	X	SLIGHT
Contact with electricity, use of electrical equipment	All staff and clients	Electric shock, burns	Electrical equipment on inventory is responsibility of landlord. Other electrical equipment brought in and used by staff should be in good repair and is their own responsibility.	X	SLIGHT
Use of kitchen/bathroom areas and associated equipment	All staff and clients	Scalds, burns, knife cuts etc	Water temperature controlled by individual hot water heaters and is not scalding. Burns blanket & ice packs in first aid kit. Individuals to be aware of own safety when using kitchen equipment.	X	SLIGHT
Falling objects	All staff and clients	Bruising, concussion	All heavy items stored below head height. Staff to keep an eye on shelving units and storage, tidying after each class. Clients asked to store equipment carefully and safely.	X	SLIGHT

Use of yoga equipment (inc. yoga ropes & hammocks)	All staff and clients	Back strain, bruises, sprains, strangling (ropes)	Clients instructed how to use equipment safely. Teachers not to use equipment if not qualified to do so. Use within classes also covered by yoga (or other) teaching insurance. Children NOT TO BE LEFT UNATTENDED with ropes & hammocks	X	MODERATE
Lone working, and going to and from building to cars at night	All staff and clients	Physical assault from third party	Regular teaching times when students around. Teacher's partner/buddy aware of location and timing. Immediately adjacent neighbours. Teacher has mobile access. PSNI often present in summer given location.	X	SLIGHT
Do current controls adequately control the risk? <b>YES</b>		If no, add additional items. If yes, go to emergency details and other assessments			

***Emergency details and other assessments***

Is heavy, sustained or repetitive <b>manual handling</b> involved?	<b>NO</b>	<i>If YES carry out detailed manual handling assessment</i>
Is the use of any <b>hazardous substances</b> involved?	<b>NO</b>	<i>If YES ensure current COSHH assessment followed</i>
Are any <b>special groups</b> at risk (young people, pregnant workers, etc)?	<b>YES</b>	<i>Teachers insured as necessary to teach pregnant women, children or other client groups – appropriate pose modifications given.</i>
Is <b>lone working</b> required?	<b>YES</b>	<i>See above.</i>
<b>PPE needed</b> None <b>Safety equipment needed?</b> No		
Assessment undertaken by: <b>Claire Ferry</b>	Position <b>Yoga Teacher</b>	Date for revision <b>12/09/2018</b> or upon any change to building layout/use.
<b>Nearest telephone</b> Mobile	<b>Nearest A&amp;E department</b> The Royal Victoria hospital (although Ulster at Dundonald may be quicker depending on traffic and time of day)	<b>Quality of mobile phone or radio reception?</b> Good, also wifi.
<b>Access point for emergency services</b> Main entrance to building	<b>Type of access for emergency services</b> Normal	<b>First Aid Cover needed</b> Teacher (Claire Ferry) has emergency first aid at work cover. Other teachers are requested to have first aid.

